

Please Join Us

Capital Strategies Investment Group invites you to a Women's Forum event as accomplished business executive, Sherry Duda discusses:

The Power of Transformation

Learn how the skills it takes to lose 10 pounds before the holidays can be leveraged into other areas of your life.

Sherry will show us how successfully managing personal or professional change within a team environment can help us reach our goals.

"I realized, if my techniques could rapidly improve organizational health and EBITDA growth from \$1 to \$3 billion; why not apply those same approaches to significantly improve my team's personal goals?"

Sherry has had repeated success with this program she calls the Ten Pound Club™. And it has been a fun way for teams to achieve health commitments, excel together and leverage insights into other areas of their lives.

Attend this Forum Event

To uncover some innovative approaches to change management and immediately apply them to your business or to focus on achieving success on some tough personal objectives – like improving your health.

DOWNTOWN

Wednesday, September 16th
11:30am – 1:00pm
USG Corporation Headquarters
550 W. Adams, 18th Floor

OAKBROOK TERRACE

Thursday, September 17th
11:30am – 1:00pm
One Parkview Plaza – 1st floor conference room
(NW corner of 22nd St. & Rte 83 - West of Ditka's)

RSVP Required as Space is Limited

Email nmeyers@capstratig.com or
Call Nicole Meyers at 630.320.5100

Luncheon event fee: \$20

All profits from this program will be donated
to Chicago Foundation for Women

About The Speaker

Sherry J. Duda, CEO, Alex Reidy & Company, LLC



No-Nonsense Solutions to Growth and Transformation

Sherry enjoys partnering with her clients to design efficient and pragmatic solutions to today's toughest business challenges — transformation, accelerated growth, and sustained competitive advantage. Alex Reidy & Company works collaboratively with CEOs and senior teams to safeguard and develop business-critical capabilities, mitigate organizational risks associated with growth, and dramatically improve workforce productivity and performance.

Superior Results Are By Design

As the former VP, Talent and OD for the Hershey Company, United Airlines and BP, Sherry has over 20 years of experience designing and implementing organization development and talent strategies for Fortune 100 companies. She has led hundreds of successful transformations, including merger integrations, divestitures, joint ventures, offshoring, outsourcing, IT systems implementations, culture change, business and HR transformations, and the execution of accelerated growth strategies.

About Alex Reidy & Company

Alex Reidy & Company is a Chicago-based, boutique organizational effectiveness consultancy specializing in customized solutions that transform complex business issues into practical solutions. Visit Alex Reidy & Company at www.alexreidy.com.

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